

Phy :- Solve all questions of NCERT of given chapter.  
 ch- ① Electrostatics  
 ② Electric Current

Chem :- Solve <sup>all</sup> NCERT questions  
 (including INTEXT & Examples)

Maths :- Solve NCERT Exercise and Examples  
 ch- ① Relation & Function  
 ② Matrix  
 ③ Determinants

Biology :- Write and learn Q/A of NCERT  
 ch:- ① Reprod<sup>n</sup> in Organism  
 ② Sexual reprod<sup>n</sup> in plants  
 ③ Human Reprod<sup>n</sup>

English :- ① Write article on "Tolerance is the foundation of Indian Democracy".

- ② Write the given advertisement
- ③ " a letter to the editor about bad condition of hospital in your locality
- ④ Write Q/A of the taught chapters.

P.H.E :- ① Make notes of all taught chapters.

- ② Write about the benefits of Asana given in chapter - "Yoga"

## How of summer vacation

Delhi 2020

Subj - Physical and Health Education

- ① Make Note of the following chapters
- Chapter no -
1. Planning in sports
  2. Sports and Nutrition
  3. Yoga and lifestyle

- ② Prepare a chart of all constituents with their sources and deficiency caused diseases.